

# Training course

## Seasons for Growth

Dates: Tuesday 10th and Wednesday 11th October 2017

Course Ref-

Times: 9.30am - 4.00pm

Venue: Shine Business Centre, Harehills Road,  
Harehills, Leeds, LS8 5HS

### Reconnector Session:

Dates: Tuesday 7<sup>th</sup> November 2017, Times: 1.30pm-4.00pm

Venue: Adams Court Boardroom, Kildare Terrace, Leeds, LS12 1DB

Target Group: Pastoral Staff, Learning Mentors, TAs and people who work directly with children who have experienced loss and bereavement

*Delegates must attend all three days to be accredited for this course.*

### Aim

To train staff to deliver Seasons for Growth, an accredited loss and grief group intervention for young people aged between 6-18 years. Seasons for Growth is a group intervention for young people who have experienced a bereavement or a loss. It runs over 8 sessions with a couple of additional sessions. Note Seasons for Growth is a group intervention.

### Learning Outcomes

- Awareness of how the Seasons for Growth programme supports the promotion of social and emotional wellbeing for young people who have experienced significant loss due to death, family breakdown or other factors.
- To be able to support a group of children and young people using the Seasons for Growth programme manual and journals.
- To incorporate a variety of activities, strategies and techniques from an educational and cognitive behavioural framework in order to encourage the children and young people to value who they are.

Please note that a training manual will be provided free to delegates but schools will be expected to purchase journals for children and young people when running the programme.

**Course Cost: Leeds LA Schools** £250.00 **Academies & others** £300.00 includes Refreshments and lunch are included on both days. If any special arrangements are required please contact us. For those booking from outside Leeds LA please contact Eileen Murray, on either 0113 378 5046 or [education.training@leeds.gov.uk](mailto:education.training@leeds.gov.uk).

**Cancellation Arrangements:** If for any reason you need to cancel 3 working days' notice is required. Cancellations made without the given notice period will be charged at full course cost. If no cancellation is received full fee is also payable.