



Seasons for Growth Training

Accredited loss and grief intervention training

Outline

To train staff to deliver Seasons for Growth, an accredited loss and grief group intervention for young people aged between 6-18 years. Seasons for Growth is a group intervention for young people who have experienced a bereavement or a loss. It runs over 8 sessions with a couple of additional sessions. Note Seasons for Growth is a group intervention not an individual intervention.

PLEASE NOTE THAT THIS IS A 2.5 DAY COURSE WHICH MUST BE COMPLETED IN FULL: 14th and 15th November (full days), and 17th January 2019 (half day reconstructor session 1.30-4.00).

Description

To train staff to deliver Seasons for Growth, an accredited loss and grief group support intervention for young people aged between 6-18 years. Seasons for Growth is a group intervention for young people who have experienced a bereavement or a loss. It runs over 8 sessions with a couple of additional sessions.

Delegates should discuss the potential to run the course with their line manager prior to coming on the course. Self-reflection of personal experiences of loss is part of the nature of this course and delegates should consider this before booking.

Outcome

- * Awareness on how the Seasons for Growth programme supports the promotion of social and emotional wellbeing for young people who have experienced significant loss due to death, family breakdown or other factors that may occur.
- * To be able to support a group of children and young people using the Seasons for Growth programme manual and journals.
- * To incorporate a variety of activities, strategies and techniques from an educational and cognitive behavioural framework in order to encourage the children and young people to value who they are.

Please note that a free training manual will be provided but journals will need to be purchased for children & young people when running the programme.

Date & time:

14 Nov 2018 09:30 - 16:00

Venue:

The Boardroom,
Adams Court,
Kildare Terrace,
Leeds, LS12 1DB

Trainer(s):

Susan Ritchie

Additional information:

Day 2 - 15 November 2018
Reconnector session - 17
January 2019

Sign up deadline:

07/11/2018

Course code:

EPS-1118-T001

To book onto this or any other training go to www.leedsforlearning.co.uk