



Seasons for Growth Grief Education

Date: 9th & 10th May 2019

About the Training:

To train staff to deliver Seasons for Growth, an accredited loss and grief group intervention for children, young people aged between 6-18 years. A training programme is also available to support young people and adults. Seasons for Growth is a group intervention for those who have experienced a bereavement or any significant loss. The aim is to help participants to manage feelings associated with loss. It runs over 8 sessions with a couple of additional sessions concluding the experience.

Please note:

- Seasons for Growth is a peer group intervention not an individual intervention.
- This is a 2.5 day course which must be completed in full and the person trained is the only person who is eligible to use the copyright materials they are trained to use
- Final training session 20th May 2019 from 1:00pm – 3:30pm

Who is it for?

To train 'companions' who will go on to deliver the programme and have the endorsement of their managers/organisation they work for to undertake this role. Self-reflection of personal experiences of loss is part of the nature of the course and should be considered before booking.

Cost: £250.00

Free places are available for schools in the Hillingdon Community Trust area and partners providing services within those schools. Please state this on your application.

Venue: Brunel University London, UB8 3PN

Room: Lecture Room 004

To find out how to apply and for further information, please register your interest at info@seasonsforgrowth.co.uk

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