



## **Funding from the Hillingdon Community Trust**

The project running until October 2019 aims to provide a fund for schools to be able to have staff trained to facilitate the programme in their school and to be able to purchase resources

The small grant was to cover a 2 year project with training sessions taking place in each year. Since we received the notice that we had been successful in our bid to the trust in the summer of 2017, we have held two cohorts of training sessions to train Companions to deliver the Seasons for Growth programme to small groups in schools.

We sent a mail shot to all the schools in the Community trust area inviting them to the training. We received a good response and the first 2 day training was held on the the 21<sup>st</sup> and 22<sup>nd</sup> September at Brunel University. The following colleagues from the Community Trust area attended the training representing 6 schools: Harmondsworth Primary, Lake farm Academy, St Matthews CE Primary, Wood End Park Academy, Cherry Lane Primary. Also Laurel Lane from an earlier training.

All the participants attend a follow up session in November and are planning implementation of the programme. Following the participant evaluation, 100% of the Companions reported that they had met the evaluation criteria to feel confident and supported to deliver the programme. Part of the funding is to provide resources to implement the programme and these have been offered to the schools.

The second 2 day training has just been held on the 25<sup>th</sup> and 26<sup>th</sup> January 2018 at Brunel and two colleagues from the Community trust area schools attended, Minet Junior School and West Drayton Academy.

So to date we have 10 colleagues trained and ready to implement from 8 schools from the Community Trust area. We have training planned for June and September 2018 so we hope to be almost to the target number of schools (14) in the first year of the project.

The main part of the project is to evaluate the programmes that are delivered to the children and to show how the participants have benefitted from the programme, we hope to be able to report on this before the end of the summer term.

If you would like to join the next Companion training please e mail Tessa Pike at [info@seasonsforgrowth.co.uk](mailto:info@seasonsforgrowth.co.uk)