



## Seasons for Growth Grief Education

Date: 14<sup>th</sup> and 15<sup>th</sup> January 2019

### About the Training:

To train staff to deliver Seasons for Growth, an accredited loss and grief group intervention for children, young people aged between 6-18 years. A training programme is also available to support young people and adults.

Seasons for Growth is a group intervention for those who have experienced a bereavement or any significant loss. The aim is to help participants to manage feelings associated with loss. It runs over 8 sessions with a couple of additional sessions concluding the experience.

**Please note:** Seasons for Growth is a peer group intervention not an individual intervention.

**PLEASE ALSO NOTE THAT THIS IS A 2.5 DAY COURSE WHICH MUST BE COMPLETED IN FULL AND THE PERSON TRAINED IS THE ONLY PERSON WHO IS ELIGIBLE TO USE THE COPYRIGHT MATERIALS THEY ARE TRAINED TO USE.**

**Final training session 18.2.19 from 1-4pm**

### Who is it for?

Trained companions who have gone on to deliver the programme and have the endorsement of their managers/organisation they work for to undertake this role. Self-reflection of personal experiences of loss is part of the nature of the course and should be considered before booking.

**Cost:** £250

Free places are available for schools in the Hillingdon Community Trust area and partners providing services within those schools. Please state this on your application.

**Venue:** Brunel University London

**Room:** tbc

**How to apply and for further information:** please register your interest at [info@seasonsforgrowth.co.uk](mailto:info@seasonsforgrowth.co.uk)

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